

Struggling to keep the pieces together?

Your Community Action Agency can help...

with the following FREE services for income eligible residents:

- ♦ groceries (food pantry &/or WIC)
- ♦ eviction and utility shut-off prevention
- ♦ childcare and early childhood education (Head Start)
- ♦ fix/replace windows, doors, furnace, refrigerator and insulation
- ♦ career readiness and training programs with employment opportunities



ALBANY
463-3175
albanycap.org

RENSSELAER
272-6012
ceo-cap.org

SCHENECTADY
374-9181
scapny.org